



NOTTINGHAM NORTHERN SWIMMING CLUB



34th Junior Open Gala Sunday 27th June 2010

Beechdale Swimming Centre, Beechdale, Nottingham, NG8 3LL

COMPETITION RULES

1. The competition will be held under ASA law and Technical Rules.
2. The gala will be held under the **ONE START RULE**
3. **Age Groups are based on ages on the DAY OF MEET. (9 Years must be 9 on 27/6/2010)**
4. All entrants must be a member of an affiliated club, registered with that club and an amateur as defined by ASA law.
5. A competitor may only compete under the name of one club.
6. **The organising committee reserve the right to restrict entries, either on a basis of qualifying time or number of competitors, should the gala be oversubscribed. ENTRIES WILL BE ON A FIRST COME FIRST SERVE BASIS. LARGE CLUB ENTRIES SHOULD BE SENT AT THE EARLIEST CONVENIENCE TO ENSURE A PLACE IN THE JUNIOR OPEN GALA.**
7. The organising committee reserve the right to refuse entry and to determine the closing date for entries.
8. A swimmer may only enter individual events in his or her age group.
9. In all 50 metre events, the six fastest swimmers from the heats will qualify for the final. In the event of a tie for 6th place, a swim-off will take place.
10. The top club points scoring system will be as follows:-
1st (6 pts) - 2nd (5 pts) - 3rd (4 pts) - 4th (3 pts) - 5th (2 pts) - 6th (1 pt) No points will be awarded for a disqualification.
11. **THIS OPEN MEET IS A CARDLESS MEET. A MINIMUM NOTICE OF 2 WEEKS MUST BE GIVEN IF YOUR CHILD IS UNABLE TO SWIM.**
12. Competitors should report to the stewards approximately two races before their event.
13. Other than swimmers, no person will be allowed on the poolside without a coaches pass. Passes are not transferable.
14. Outdoor shoes should not be worn on the poolside.
15. No glass bottles are to be taken into the pool area. No food should be consumed on the poolside.
16. Litter should be placed in the receptacles provided. Under no circumstances should any litter be deposited in any of the swimming pools.
17. The organising committee reserve the right to deal with any misconduct of any kind by a swimmer or coach in a way that they see fit at the time. Persons indulging in misconduct may be asked to leave the pool and be disqualified from the event.
18. The organising committee reserve the right to make decisions on anything concerning the meet not covered in the advertised rules.

SCHEDULE

SESSION 1: WARM UP		SESSION 1 (START TIME)	NOTIFICATION OF DELETIONS
9:00AM Boys 9/10/11 yrs 9:10AM Boys 12/13/14 yrs	9:20AM Girls 9/10/11 yrs 9:30AM Girls 12/13/14 yrs	10:00am	By 9:00am

SESSION 2: WARM UP		SESSION 1 (START TIME)	NOTIFICATION OF DELETIONS
2:00PM Girls 9/10/11 yrs 2:10 PM Girls 12/13/14 yrs	2:20PM Boys 9/10/11 yrs 2:30PM Boys 12/13/14 yrs	3:00pm	By 2:00pm

ADMISSION and PRICES

Spectator Admission:	All Day Ticket	One (AM/PM) Session
Adults	£5.00	£3.00
Children & OAPs	£2.50	£1.50
Children Under 5	Free	Free
Official Printed Programme	£2.00	