



NORTHERNER



the Nottingham Northern Swimming Club Newsletter
(Founded 1908)

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Well 2015 seems to have taken off where 2014 left off with a mass of PBs and some stunning performances at the Counties and at the galas and recent open meets. Congratulations to all. The coaches are not going to be letting you take it easy as the Northern Open Meet is only a few weeks away.

News and Views from the Club

Congratulations

Thank you to all the members who gave their time to officiate at the Nottinghamshire ASA County Swimming Championships. The ASA Committee was very impressed with you, Michelle and Lauren Maeve, Rob and Nicky Allison, Mick Morley, Dave Ackroyd and Alice Venkatesan. Dave was asked to lead the parade of officials out to poolside and announced by name in recognition of his achievements over the last 12 months - a tremendous honour.

Sponsored Swim

Thank you to all of you who took part in the sponsored swim on either the 10th or 11th May. Thank you too for collecting sponsorship which help the Club funds and allow us to fund courses to train coaches. Our apologies for not getting the sponsorship forms out earlier and any inconvenience this may have caused. As a Committee we have taken steps to be timelier next year.

Spotters

A plea to those parents and carers who side poolside - PLEASE offer to spot (sit in the lifeguard seat with a whistle and count the swimmers). In having spotters to help out we significantly reduce the cost to the club and so keep the fees down. When the coaches ask for

a volunteer please say yes - it seems to be the same few parents volunteering all the time.

Galas

For the first time we have entered the Notts and Derby Galas for younger swimmers. The first round was a long gala with 47 races but our swimmers enjoyed the opportunity to have a go. Lots of PBs.

Thank you to Michelle Hammond and Dave Ackroyd for giving up a day of their Bank Holiday weekend to team manage at Clay Cross. A brilliant time was had by all with again lots of PBs and trophies!

A Reminder to Parents and Carers

Please remember as a parent/carer you are responsible for your child while they are at the pool. There has been an increasing number of swimmers being dropped off outside of the pool unsure who is looking after them, who or where someone is picking them up. This is not acceptable. You are responsible for your child if they have a problem such as with their goggles, or become ill during the session. We appreciate that on occasion you may not be able to stay poolside. If this is the case you must ask another parent to be responsible for your child and let the child and their coach know who is looking after them. The coaches and committee members are not responsible for your child. We are also concerned about the number of children having to leave the session and walk unaccompanied to the car park - do not let this happen.

AGM

Thank you to those of you who came to the Club's AGM on Wednesday 4th March 2015 at the Plough Inn. It was a really positive meeting and great excitement about our move to the new pool complex at Harvey Hadden. Congratulations to Daniel Fritz and Alice Venkatesan on being elected Club Captains. Looking forward to your tweets!

Northern Open

Our Open Meet is being held on Sunday 28th June 2015. This year the meet is more popular than ever and we have had to close to entries from outside clubs in April! A massive thank you to Andrew Phillips for all your work in coordinating all these entries. If you are free on the day as a parent or a teenager and would like to help out (free entry, scrummy lunch and amazing job satisfaction!) please see Katie Rhodes who coordinating the volunteers.

Mandy Rose is collecting raffle prizes and food items for the hamper - please donate an item as we can hopefully raise a significant amount to help meet the costs of hosting the day.

Swim Shop, an official photographer, a food van and ice cream van will be there on the day.

We are also having a cake sale on the day so please bring your cakes along in the morning to the front desk. This was very popular last year and we quickly sold out so please get baking.

Fingers crossed we can make even better than last year's phenomenal meet.

Harvey Hadden

As you are aware Beechdale Pool is closing later this year and a new 50m pool is opening at Harvey Hadden. Understandably there has been a lot of negotiating about which clubs will swim where and when.

We recently found out that we have been given pool time at Harvey Hadden and we will begin swimming there when we return after the summer break. From September our pool times including an additional session will be

Monday 7.00 to 8.30pm
Ken Martin

Wednesday 7.30 to 8.30pm
Harvey Hadden

Thursday 7.00 to 8.00pm
Boys High School

Friday 6.30 to 8.00pm
Harvey Hadden

Sunday 1.00 to 2.30pm
Harvey Hadden

A leaflet to explain how the coaches will use these pool times and which swimmers will swim when will be circulated shortly. If you have any questions before then please do ask the coaches or a committee member for more information.

Swimmers of the Month

January

Small pool: Luke Hobbs-Iskander
Tank: Manav Desai
End lane: Hiba Shahid
Main pool: Megan Smith

February

Small pool: Yatharth Naik
Tank: Ewan Brazener
Tank: James Steele
Main pool: Cassie Sergeant

March

Small pool: Savannah Swanwick
Tank: Rosa Reade
End lane: Rahil Lakhman
Main: Chloe Austin

April

Small pool: Safiya Clifford
Tank: Niamh Morley
Tank: Rose Gubbins
Main pool: Grace Phillips

Coach's Corner

Sharon and the coaches have increased the training programme in recent weeks and are focusing on getting the swimmers to concentrate more especially between sets and on preventing common mistakes that get the swimmer disqualified at galas.

We are a competitive swimming club. If your child swims with us and is invited to swim at a gala on a Saturday evening we do expect them to turn up. If you are not able to bring your child please let us know and we will try to help you find transport for them. As we are a small club being a few swimmers short may result in us not being able to put together a relay team. This means other children lose the opportunity to swim and club losses points making it frustrating for everyone who has turned up.

Dates for up and coming galas are on our website so please try to keep these dates free in your diary so if you are asked to compete you can.

Please can all swimmers at galas and open meets wear the Northern Club hat. These can be purchased from the desk on Fridays and Sundays for £5. This helps the team managers keep an eye on the swimmers.

Diane is collecting orders for Northern T-shirts and hoodies. These too help us keep track of swimmers at galas. If you are volunteering at the Northern please wear a Northern T-shirt as this helps swimmers and other parents know who to ask for help.

Annual Club Picnic

The summer social event for the Club is a picnic at Wollaton Hall. This year we are proposing to hold it on Sunday 12th July (we think Beechdale will be closed for an open meet that day).

We meet on the slope in front of the Hall for 1pm. Bring along something to sit on and your picnic lunch. After lunch the excitement mounts as we play field games in preparation for the main event - the parents/coaches vs the swimmers annual rounders match. Please do come along a join in the fun. Check at the desk nearer the time for confirmation of the final details.

Personal Bests

All the personal bests are updated promptly on the website and so will no longer be printed in the newsletter. Check out your times on the website. You will need the password to check the swimmers' page - ask a committee member if you need one.

Contact Emails

Are you receiving emails from the club? Sharon is finding a lot of emails are bouncing back. If no one in your family is getting regular emails from us please check at the front desk that we have your correct email address. We email around important information about the club regularly and offer invites to represent the club at galas. We do not give your email address to anyone else.

Dates for your diary

No swimming as Bank Holiday
25.5.15

Northern Open
Sunday 28.6.15

Deadline for Falcon Meet forms to be in
10.7.15

Club Picnic at Wollaton Hall 1pm
12.7.15

Last swim of summer term
31.7.15

Falcon Meet for those entered
6.9.15

Presentation Evening
21.11.15

Last swim before Christmas
18.12.15