



NORTHERNER



the Nottingham Northern Swimming Club Newsletter
(Founded 1908)

Affiliated to ASA East Midlands Region

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Issue 110

January 2015

Happy 2015 everyone and let's hope it's a year filled with good health, fantastic swimming and lots of fun and laughter along the way! It was a fantastic end to 2014 for the Club with a stunning Club Championship and such a packed presentation evening it was standing room only! (yes we have found a bigger venue for the next one!), and two of our members receiving awards in recognition for their dedication to the Club.

News and Views from the Club

Congratulations

.Our warmest congratulations to Roy Crampton who having received the East Midlands Aqua Award went on to win the ASA National Award and on even further to win the Sports Officials UK Award. He then topped the year off by winning the National Award for Official Coach/Mentor of the Year. Congratulations Roy.

Our President Clare Soar was nominated for the Nottingham City Lifetime Volunteering Sports Award and won. Fab-u-lous! Our congratulations Clare and we are so delighted that all the energy you have given to Northern has been recognised.

Thanks

Thank you to everyone who played a part in making our Presentation Evening such a great evening. To Clare and Hannah Soar for all the work you put into the certificates and the individual trophies, to Michelle Hammond and her helpers who retrieved all the Club Trophies and cleaned all the bits we missed and laid them out with Clare and Hannah - a massive task. To Linda Alvey and all her helpers for a

delicious buffet and to those who stayed to the very end to clear up after us all - THANK YOU.

If you won a Club Trophy please make sure that you have it engraved before you have to return it in October.

100 Club

A big thank you to Jodie Robson and to Emma Bell for taking on the 100 Club. For those of us who pay annually please give your £12 to Jodie and Emma as soon as possible. IF you are paying by cheque please make the cheque payable to Nottingham Northern Swimming Club. Our bank will no longer accept cheques made out to NNSC.

If you don't yet have a number and would like one please see Jodie or Emma at one of the swimming sessions.

WHAT IS THE 100 CLUB?

The chance to win some money and support your club

HOW IT WORKS?

Pick a number 1 to 100 - that is then your number

It costs £1 per month (£12 for the year)

At the end of each month 3 numbers are picked out of a hat

- 1st number picked - prize is £15
- 2nd number picked - prize is £10
- 3rd number picked - prize is £5

If a number is picked which hasn't been allocated to anybody the prize money will be put towards the club

All numbers must go! The odds are better than the lottery. Please support your club and potentially win a prize as well!

The Club is looking to increase its membership so if you know any swimmers who you think would like to come along for a trial please let Sharon know.

Northern encourages teenagers to be volunteer helpers and this can be used as part of the DofE scheme and the Club will pay their coaching course (otherwise £480) when they are 16 years old in return for coaching two sessions a week for 2 years.

Galas

During a gala it essential that all swimmers stay poolside with the team and do not go into the spectator area. Parents - please do not drop your child off for a gala and then go. If you are unable to stay for the gala please let the coach know who is the adult in the spectator gallery who has responsibility for your child should they become unwell etc during the event.

AGM

We are holding our Club's AGM on Wednesday 4th March 2015 7.00pm at the Plough Inn. Please do come along and have your say in how the Club is run. If you would like to come on to the Committee please let a Committee member know. The Committee meets once a month on the first Wednesday of the month.

Our best wishes to Michelle Hammond who is going to be swimming 5km to raise funds for Marie Curie Cancer. If you would like to sponsor Michelle she would be delighted to hear from you.

Please help if you can.....

The Committee is looking for a volunteer to investigate grants and funding that would allow the Club to train lifeguards and coaches. You would not need to attend any Committee meetings. So if this is something you could do please let one of the Committee members know.

Once the new facilities open at Harvey Hadden we are hoping to move to the new pool. We are attending meetings with the leisure services to say what we want from the organisers of the new pool. We have asked to increase the number of swimming sessions from 4 to 5 per week but as yet we do not know where or when

they will be. Hopefully we will get more information over the next few weeks.

Northern Open

Our Open Meet is being held on Sunday 28th June 2015. This is a swimming event for 9 to 14 year olds. There are races in each of the strokes over 50m, and 100m IM. Our Meet is very popular and we will need lots of volunteers to help with the day. Please mark the day on your calendar and keep it free so you join us.

Swimmers of the Month

October

Small pool: Shlok Sahu-Bhansali

Tank: Danae Fritz

Tank: Dominique Colagiovanni

Main pool: Christy Byrne

November

Small pool: Manar Kaddour

Tank: Amber Jackson

End Lane: Viraj Deorukhkar

Main pool: Alice Yorke

December

Small pool: George Walker

Tank: Toby Bethea

Tank: Dylan Roberts

Main: Phoebe Ackroyd

Coach's Corner

Sharon and the coaches were delighted with Club champs - there were a staggering 314 personal bests and Club records were smashed. Congratulations on all that you achieved last year and the training has begun to make 2015 even more successful.

Nine swimmers represented Northern at the Bramcote Open and achieved 10 PBs and won 5 medals.

Dates for up and coming galas are on our website so please try to keep these dates free in your diary so if you are asked to compete you can.

Good luck to our swimmers who achieved County Times and are going to be representing the Club at the County Championships run over several weekends in February and March. We wish you the very best.

Personal Bests

All the personal bests are updated promptly on the website and so will no longer be printed in the newsletter. Check out your times on the website. You will need the password to check the swimmers' page - ask a committee member if you need one.

Contact Emails

Are you receiving emails from the club?
If no one in your family is getting regular emails from us please check at the front desk that we have your correct email address. We email around important information about the club regularly. We do not give your email address to anyone else.

No swimming on the following dates:

18.1.15

15.2.15

1.3.15

15.3.15

19.3.15

25.6.15

Dates for your diary

AGM

4.3.15 7pm at the Plough Inn

Easter

Last swim 30.3.15

First swim back 10.4.15

Sponsored Swim

Sunday 10.5.15

Monday 11.5.15

Northern Open

Sunday 28.6.15

Club Picnic

19.7.15

Last swim of summer term

31.7.15

Presentation Evening

21.11.15

Last swim before Christmas

18.12.15