



NORTHERNER

the Nottingham Northern Swimming Club Newsletter
(Founded 1908)

Affiliated to ASA East Midlands Region

Editor: Sarah Kay

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Have to say my voice is still recovering after lots of cheering at both the Falcon Open and Club Champs. There have been some A-MAZ-ING (for all you Strictly fans!) races and the PBs just keep on coming. More than 30 Northern swimmers entered the Falcon Open. At the end of the day Northern swimmers came away with 52 trophies, there was even a final with 4 of the 6 swimmers from Northern! If there had been a trophy for best supporters we would have won that too!

Congratulations to you all.

News and Views from the Club

Thank you

Thank you to everyone who gave up their evening to come along to the Club AGM. It was great to have you there. The committee members' reports are available on the website if you would like to have a read.

A big thank you to Katie Rhodes for working so hard in successfully securing the Club several training and equipment grants that have enabled some of our older swimmers to qualify as lifeguards and undertake Level 1 Coaching qualifications. We will also be able to buy our own equipment for the teaching pools.

Congratulations

Our congratulations go to Tim, Ben, Sally and Bethany for becoming lifeguards. And further congratulations to Tim, Ben and Sara on becoming Level 1 coaches. We appreciated all the hard work you have put in to gain these qualifications and look forward to you getting involved further with the Club.

Congratulations to Tim Venkatesan and Hannah Hodkinson on being elected Club Captains at

the AGM. We wish you both well and hope you have a great year.

Club Fees

The monthly fee is to help the Club cover the cost of pool hire, equipment and training courses for coaches etc. Over the last two years the money collected from this has not been sufficient to cover the running costs of the Club. So the Club has been running at a loss.

There is little the swimming club can do to reduce costs therefore to ensure the longevity of NNSC it is vital that we increase our income. The committee has made the difficult decision to increase monthly fees and therefore as of Jan 2013 all swimming members will pay £22.00 a month by standing order (previously £13.50 and £21.50) We are aware that this is a significant price increase for the teaching pools swimmers, but in comparison with swimming lessons provided by the council, we still offer excellent value for money.

In the past the teaching and tank pool swimmers have been subsidized heavily by the main pool swimmers as running two pools with two lifeguards and higher swimmer/teacher ratio is more expensive. All swimmers paying the same will promote the ethos that we are not just here to provide cheap swimming lessons but to encourage swimmers to take their swimming further. It will make the running of the club simpler and ensure we do not lose money when swimmers transfer from one group to another. We have at present no problems recruiting new members to the teaching pools and it is important for the club that we keep our main pool swimmers.

We hope as parents of younger swimmers you appreciate that we strive to provide a positive learning experience with a equal emphasis on fun and developing excellent technique for your child based on their individual needs and that, despite, the increase in fees, it represents value for money.

The Committee would be grateful if new swimmers could complete a membership form (these can be downloaded from the website).

We would appreciate it if all standing orders could be amended to £22.00 from 1st January 2013.

The Club asks for an annual donation of £1.50 towards the cost of registering Club helpers e.g. parents who team manage, time keep, judge etc you with the ASA. The actual cost of registering helpers with the ASA is £8.50, so if you felt able to meet the full cost that would be greatly appreciated.

If you would like to discuss this further please see one of the Committee Members.

Equipment

The Club has a small number of pull-buoys, floats and swim nets to purchase. Please ask at the door for further information.

Welcome to Our New Members

Joel Harvey Davison
Anaya Lakham
Lily Watkins
Kyle Milnethorpe
Isaac Peck
Zoe Tsintzas

100 Club Winners

October

1st Dawn Penwarden
2nd Richard Williams
3rd NNSC

November

1st Colin Magee
2nd NNSC
3rd Chris Taylor

A gentle reminder to renew you 100 Club membership. The annual fee is £12 and Rita Sim will be happy to relieve of you money. There are further numbers available so please

join if you have not done so already. There are monthly prizes of £15, £10 and £5 to be won. As the saying goes, you have to be in it to win it!

Swimmers of the Month

September

Small pool Grace Smith
Diving tank Laura Phillips
End lane Meg Atkinson
Main pool Samuel Wheat

October

Small pool Reuben Rose
Diving tank Bianca Sindilaru
Diving tank Kayle Milnthorpe
Main pool Phoebe Ackroyd

Congratulations to the following swimmers who have passed their Competitive Start Award

Meg Atkinson
Hamza Harris
Isaac Kirkpatrick
Katie Morley
Ellie Tsintzas
Zoe Tsintzas
Charlotte Troup
Cali Reynolds
Molly Round

Coach's Corner

Well done to all swimmers that have taken part in galas, open meets and club champs It has been a very busy 2 months but all the hard work that you have put in is paying off some great swims and record breaking times.

Take a moment to look at your PBs times on the Swimmers page on our website and compare with the County Qualifying times. If your times qualify and you would like to enter let Sharon know.

PERSONAL BESTS

WALTER CRISP TROPHY GALA

HUCKNALL 6.10.12

Eoin Byrne	25m fly	23.53
Grace Phillips	25m fly	23.78
Samuel Wheat	50m back	48.93
Katie Morley	50m back	49.83
Harry Atkinson	50m breast	47.10
Emily Venkatesan	50m breast	37.22
Daniel Fritz	50m free	33.22
Hannah Hodgkinson	50m free	31.25
Adam Razaq	25m back	31.19
Charlotte Troup	25m back	23.62

Meg Atkinson	50m breast	54.57
Hayden Houldsworth	50m free	38.19
Emily Urquhart	50m free	37.78
Mikhail Razaq	50m fly	38.60
Hannah Hodkinson	50m fly	34.85
Cassie Sergeant	25m breast	29.00
Louis Round	50m free	36.61
Charlotte Alvey	50m free	40.58
James Kelly	50m fly	41.49
Emily Venkatesan	50m fly	36.58
Daniel Fritz	50m fly	38.34
Rebekah Dussek	50m back	35.81
Thomas Tekel	25m free	27.83
Tilly Sweeney	25m free	25.84
Charlotte Alvey	50m fly	51.78
Ryan Green	50m back	51.65
Mikhail Razaq	50m breast	44.87
Sara Bannister	50m free	38.95

NOTTINGHAM STAGE 3 GALA (R3)

HUCKNALL 27.10.12

Katie Morley	100m back	2.03.56
Emily Venkatesan	100m fly	1.28.81
Katie Durcan	100m back	1.29.06
Hayden Houldsworth	100m back	1.43.61
Ella Kay	100m breast	1.25.70
Louis Round	100m fly	1.36.37
Katie Durcan	100m breast	1.32.56
Alice Venkatesan	100m fly	1.16.03
Ben Hammond	100m fly	1.25.09
Meg Atkinson	100m free	1.48.15
Louis Round	100m free	1.22.47
Emily Venkatesan	200m IM	2.59.50
Will Sprake	100m breast	2.11.62
Megan Smith	100m free	1.24.35
James Kelly	100m free	1.21.33

PETER PINK GALA

HUCKNALL 3.11.12

Charlotte Troup	50m back	53.91
Katie Durcan	50m fly	40.80
Charlotte Troup	50m breast	1.00.74
Hamzah Harris	50m breast	1.02.02
Daniel Fritz	50m fly	35.80
Phoebe Ackroyd	50m free	37.43
Meg Atkinson	50m fly	1.02.90
Samuel Wheat	50m fly	57.58
Lauren Hammond	50m free	35.00
Harry Atkinson	50m free	36.80
Jaya Adams	50m back	51.00
Meg Atkinson	50m free	53.28
Hamzah Harris	50m free	47.81
Lauren Hammond	50m back	43.02

Harry Atkinson	50m back	42.66
Katie Durcan	50m breast	42.47
Matthew Jackson	50m breast	54.89

FALCON OPEN

HUCKNALL 11.11.12

MORNING SESSION

Grace Phillips	100m IM	2.00.30
Rebecca Booth	100m IM	1.44.42
Charlotte Alvey	100m IM	1.33.61
Phoebe Ackroyd	100m IM	1.34.04
Katie Durcan	100m IM	1.25.57
Emily Venkatesan	100m IM	1.22.43
Rebekah Dussek	100m IM	1.22.09
Cerys Evison-Varley	100m IM	1.20.46
Ella Kay	100m IM	1.16.05
Solomon Rose	50m back	1.07.30
Willem Sim	50m back	54.24
Adam Razaq	50m back	1.05.63
Louis Round	50m back	45.61
Samuel Wheat	50m back	47.94
James Kelly	50m back	42.32
Daniel Fritz	50m back	37.47
Charlotte Alvey	50m fly	49.13
Emily Urquhart	50m fly	44.37
Sally Durcan	50m fly	42.98
Lauren Hammond	50m fly	40.86
Katie Durcan	50m fly	40.43
Ella Kay	50m fly	35.32
Hannah Hodkinson	50m fly	34.66
Alice Venkatesan	50m fly	33.01
Willem Sim	50m breast	52.67
Samuel Wheat	50m breast	52.62
Hayden Houldsworth	50m breast	50.17
James Kelly	50m breast	47.39
Louis Round	50m breast	45.61
Cassie Sergeant	50m free	47.40
Grace Phillips	50m free	45.60
Katie Morley	50m free	41.04
Rebecca Booth	50m free	40.48
Charlotte Alvey	50m free	38.70
Sally Durcan	50m free	38.57
Emily Urquhart	50m free	37.35
Katie Durcan	50m free	34.25
Cerys Evison-Varley	50m free	32.75
Emily Venkatesan	50m free	32.36
Rebekah Dussek	50m free	32.24
Ella Kay	50m free	31.37
Alice Venkatesan	50m free	30.51

FINALISTS IN AGE GROUP

Louis Round came 6th in 50m back
Daniel Fritz came 4th in 50m back
Mikhail Razaq came 4th in 50m back
Emily Venkatesan came 3rd in 50m fly
Alice Venkatesan came 2nd in 50m fly with a 2nd
pb of 32.93
Ella Kay came 3rd in 50m fly with a 2nd pb of
34.54
Cerys Evison-Varley came 4th in 50m fly with a
2nd pb of 34.84
Hannah Hodgkinson came 2nd in 50m fly
Samuel Wheat came 6th in 50m breast
Louis Round came 5th in 50m breast
Hayden Houldsworth came 6th in 50m breast
Willem Sim came 6th in 50m breast with a 2nd
pb of 52.39
James Kelly came 3rd in 50m breast with a 2nd
pb of 47.06
Timothy Venkatesan came 6th in 50m breast
Emily Venkatesan came 1st in 50m free
Katie Durcan came 4th in 50m free with a 2nd
pb of 33.86
Alice Venkatesan came 2nd in 50m free
Ella Kay came 4th in 50m free with a 2nd pb of
31.15
Rebekah Dussek came 5th in 50m free with a
2nd pb of 32.14
Cerys Evison-Varley came 6th in 50m free with
a 2nd pb of 32.63
Hannah Hodgkinson came 4th in 50m free

AFTERNOON SESSION

Louis Round 100m IM 1.37.27
Daniel Fritz 100m IM 1.25.33
Ben Hammond 100m IM 1.15.16
Cali Reynolds 50m back 1.05.27
Cassie Sergeant 50m back 58.05
Grace Phillips 50m back 54.05
Emily Urquhart 50m back 43.00
Katie Durcan 50m back 41.63
Emily Venkatesan 50m back 40.99
Cerys Evison-Varley 50m back 37.51
Alice Venkatesan 50m back 36.03
Hannah Hodgkinson 50m back 34.90
Ben Hammond 50m fly 35.47
Tim Venkatesan 50m fly 33.75
Cassie Sergeant 50m breast 1.10.51
Grace Phillips 50m breast 55.39
Rebecca Booth 50m breast 54.90
Cerys Evison-Varley 50m breast 44.12
Rebekah Dussek 50m breast 40.81
Solomon Rose 50m free 54.26
Willem Sim 50m free 53.02
Tim Venkatesan 50m free 28.11

FINALS IN AGE GROUP

Emily Venkatesan came 6th in 50m back
Ella Kay came 3rd in 50m back
Rebekah Dussek came 4th in 50m back
Alice Venkatesan came 6th in 50m back
Hannah Hodgkinson came 1st in 50m back
with a 2nd pb of 34.51
Louis Round came 3rd in 50m fly
Daniel Fritz came 4th in 50m fly
Tim Venkatesan came 6th in 50m fly
Grace Phillips came 2nd in 50m breast
with a 2nd pb of 52.72
Charlotte Alvey came 3rd in 50m breast
with a 2nd pb of 46.90
Emily Venkatesan came 1st in 50m breast
Katie Durcan came 3rd in 50m breast
with a 2nd pb of 41.89
Alice Venkatesan came 1st in 50m breast
Ella Kay came 2nd in 50m breast
with a 2nd pb of 40.27
Rebekah Dussek came 6th in 50m breast
Hannah Hodgkinson came 2nd in 50m breast
with a pb of 40.92
Louis Round came 4th in 50m free
Daniel Fritz came 5th in 50m free
Mikhail Razaq came 6th in 50m free

Dates for Your Diary

Next trials for Club are on
Sunday 13th January 2013

- please bring a friend or two along to see if
they would like to join the club.

No swimming
Thursday 13.12.12

Last session before Christmas
Friday 21.12.12

Swimming restarts
Thursday 3.1.13

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