



NORTHERNER

The Nottingham Northern Swimming Club Newsletter

(Founded 1908)

Affiliated to ASA East Midlands Region



www.northernsc.co.uk

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Enormous congratulations to everyone involved in the Northern Open 2013. It was a spectacular success this year and many participating clubs commented on how much they enjoyed their day with us. It was delightful to see so many Northern swimmers and so many PBs; in total there were 119 PBs and 13 finalists. Eight of our swimmers managed to PB in the finals!

A huge thank you to all who helped to organise it, for all the work they put in before the day and on the day itself. Thank you too to all the volunteers who gave up their day and helped to make it such a brilliant occasion. Photographs taken by a professional photographer of the event are available online for you to purchase; there is a link on the Northern website. Next year's open will take place on the 29th June - save the date!

News and Views from the Club

A gigantic thank you to everyone who took part in our recent sponsored swim. Alice Venkatesean completed the most lengths on Monday with 234 lengths and Nithilan Kamalakkannan with 88 on Sunday. Well done! We managed to raise a mammoth £699.94!

Congratulations to Sally Durcan on achieving her Level 1 Coaching qualification.

Congratulations to Jordan Sergeant and Jaya Adams for achieving their competitive starts awards.

Massive well done to Matthew Anderson who competed recently in Liverpool where he was representing the East Midlands. Matt managed to beat a championship record that had held for 8 years, and won gold in the 100 Back Stroke. We wish Matt the best of luck for the upcoming nationals, and want to say congratulations for his successes this year!

Well done to all who took part in the Ripley Rascals Open Meet on Sunday 7th July 2013 at Alfreton Leisure Centre. This was a fantastic day with 7 swimmers entered, achieving 22 PBs, 5 firsts, 3 seconds, 9 thirds in trophies and 4 medals. A great achievement! These PBs can be seen on the Northern Website under the Swimmers Page.

We welcome Coach Helen Silver, an experienced coach, who has had time off looking after her boys. She is helping out with the top lanes, and is much appreciated.

We are going to reintroduce the monthly cake sale on the last Friday of each month. Please email dianewilliams44@aol.com or put your name on the list on the noticeboard at Beechdale if you'd like to provide cakes for the club to raise money.

Welcome to Our New Members:

Thomas Bethea
Safiya Clifford
Abbie-Leigh Polak
Toby Bethea

Northern regularly emails information out. If you are not receiving emails from us please check they have not been caught up in your spam box. If they have still not arrived please check the email details we have for you so that we can keep you up-to-date in future.

Please turn up to training on time. Please be at your lane a few minutes before the session starts so that training can start promptly.

Also, will all parents note that if you are leaving your child at a training session and not staying, you MUST ask another adult who is staying for the session to take responsibility for your child.

A reminder

Please help us to keep our swimmers safe by not using your laptop or phone when spectating.

This is not a Club ruling but a pool and ASA rule.

If you wish to take photographs of either a training session or a gala/open meet you must seek permission from the event organiser and sign the Photography Book.

100 Club Winners

May

1st NNSC

2nd Dave Booth

3rd NNSC

June

1st NNSC

2nd NNSC

3rd NNSC

Swimmers of the Month

March

Small pool Grace Smith

Diving tank Joel Davison

End Lane Cali Reynolds

Main pool Molly Round

April

Small pool Kasseem Clifford

Diving tank Jessica Booth

End lane Dylan Khambay

Main pool Charlotte Troup

May

Small pool Taiba Ali

Diving tank Rosa Reade

End Lane Robbie Brassington

Main pool Zoe Tsintzas

June

Small pool Reuben Rose

Diving tank Thomas Bethea

End lane Abbie-Leigh Polak

Main pool Eoin Byrne

July

Small pool Alfie Silver

Diving tank Thomas Tekel

End lane Solomon Rose

Main pool Louis Round

Coach's Corner

What a great season we have had. I think the swimmers have improved a lot over this year - we had more swimmers taking part in Open Meets which always improves PB's; more swimmers entering Counties and we are moving up the Leagues so well done to everyone.

Thank you to all the Coaches and Helpers for all their support. I wish you all a well-earned break as we have work to do for next season. See you all in September.

*-Sharon Hodgkinson,
Head Coach.*

Dates for Your Diary

Last swim is Friday 2nd August.

Training starts again Sunday 1st September.

Our trials for the Club are on Sunday 8th September - please let Sharon know if you know of anyone who's interested, especially those who can already swim. Also, if there are any younger siblings who are non-swimmers and would like to go on the waiting list, please let Diane Williams know at the small pool.

Club Champs start again on the 4th November with the first main Friday on the 8th November and forms will be going out in September.

Presentation Evening is on Saturday 30th November.

Pool Closures:
3rd October 2013
3rd November 2013

The last training session before the Christmas break will be on Friday 20th December 2013. Training resumes on Friday 3rd January 2014

Help Needed!

Have you a few hours to spare per month at home working on your computer? We are desperately in need of a person to look for and apply for funding on our behalf in order for us to be able to finance Level 1 and 2 coaching/lifeguard courses. Please email dianewilliams44@aol.com or approach anyone on the committee if you can help.