

NOTTINGHAM NORTHERN SWIMMING CLUB – TIME TRIAL MAY 2019 ENTRY SHEET

We are holding **Time Trials** on the dates shown below – this is free to enter.

Session 1 - Monday 13th May 2019 at Ken Martin Leisure Centre - 7:00pm to 8:30pm.

Session 2 - Friday 17th May 2019 at Harvey Hadden Sports Village - 6:30pm to 8:00pm.

It will be a licensed event so we will need to produce the race programme beforehand. This is a good opportunity to see if times have improved. Please tick the appropriate boxes if you **will** be attending and return by hand to the Northern table at Harvey Hadden or email to andrew@northernsc.co.uk by **Friday 3rd May 2019**.

NAME:.....AGE as at 17th May 2019.....Swim England Number (if known) Male/Female

DATE	AGE GROUP	DISTANCE	STROKE	Write 'YES' or tick if ATTENDING	
Monday 13 th May 2019	9 years and over	100m	Freestyle		
Monday 13 th May 2019	All ages	50m	Butterfly		
Monday 13 th May 2019	9 years and over	100m	Breaststroke		
Monday 13 th May 2019	All ages	50m	Backstroke		
Monday 13 th May 2019	All ages	100m	Individual Medley		
Monday 13 th May 2019	All ages	50m	Breaststroke		
Friday 17 th May 2019	9 years and under	25m	Backstroke		
Friday 17 th May 2019	9 years and over	100m	Backstroke		
Friday 17 th May 2019	9 years and under	25m	Freestyle		
Friday 17 th May 2019	All ages	50m	Freestyle		
Friday 17 th May 2019	9 years and under	25m	Breaststroke		
Friday 17 th May 2019	9 years and over	100m	Butterfly		
Friday 17 th May 2019	9 years and under	25m	Butterfly		