

Nottingham Northern SC -Training Equipment Price List (December 2017)

FINIS Swimmers Snorkel - Website Price is £20.49 **Northern Price: £17.00**



The Swimmer's Snorkel allows swimmers the ability to focus on stroke technique without the interruption of turning your head to breath. Allowing for a full range of motion this tool can be used for all strokes. Relax in the water and maintain body alignment to improve stroke efficiency.

FINIS Alignment Kickboard – Website Price is £16.49 **Northern Price: £14.00**



Yellow Streamline Kickboard with hand strap.

Maru Short Fins - Website Price is £16.99 **Northern Price: £14.50**



Maru's short fin design provides optimum blade stiffness for resistance and propulsion. Comfortable fins and soft around the heel.

Available in Lime, Pink or Orange/Navy.

Please choose your shoe size:

12.5 to 1 Junior, 1 to 1.5, 2.5 to 3, 4 to 5, 5.5 to 6.5, 7 to 8, 8.5 to 9.5 and a couple of bigger sizes.

Maru Pull Buoy - Website Price is £9.99 Northern Price: £7.00



Assists with leg technique and strength.
The 2 colours of pull buoys are Lime/Turquoise/Orange and Pink/Lime/White.

Speedo Biofuse Finger Paddles - Website Price is £10.99 Northern Price: £7.50



Engineered to promote optimum hand position in the water and is part of Speedo's performance range. The Finger Paddle is a strong tool for improving stroke technique, as well as helping build strength, endurance and Stamina.

Maru Wet Kit Bag - Website Price is £6.00 Northern Price: £5.00



Heavy duty nylon mesh bags with drawcord. Shoulder Strap for easy carrying. Wide opening at top ideal for all your floats, pull buoys, floats and equipment.
Available in pink, lime or orange.

Total Package cost is £65.00 saving £15.95 compared to ordering on-line.