



# 36<sup>th</sup> Junior Open Gala

## Sunday 24<sup>th</sup> June 2012

Beechdale Swimming Centre, Beechdale, Nottingham, NG8 3LL

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Dear Swimmers

Nottingham Northern Swimming Club would like to invite you to our annual Junior Open Meet Gala, which will be held on **Sunday June 24<sup>th</sup> 2012**.

Please feel free to visit our website ([www.northernsc.co.uk](http://www.northernsc.co.uk)) for the following information that relates to this year's Open Meet.

- Advert to promote the meet for your notice board.
- The full program for the morning and afternoon sessions
- The competition rules
- Entry Form (which can be used for Individuals or Club Entries).

### Entry Forms

A single entry form has been created which can be used for individual swimmers or group entries. It is available to download and print (in PDF) from our website. Alternatively, if you have Microsoft Excel, we have provided the form to download so that you can fill it in on your computer. This can be emailed to us to save print and postage costs. **If you have any problems, please do contact the Open Meet Secretary.**

### MEET SCHEDULE

The meet schedule will run as at the following times;

MORNING (9:00am Warm Up, 10:00am Start)

AFTERNOON (2:00pm Warm Up, 3:00pm Start)

### ENTRIES

Due to the high number of entries we would like to encourage you to send in your entries as soon as possible, as the entries will be entered on a first come first serve basis. The club reserve the right to limit the number of entries to ensure the meet can be run within schedule set for the day.

### TROPHIES

The Nottingham Northern Junior Open Meet is renowned for the trophies we present to the swimmers. There will be awards for all finalists in each individual age group and trophies for TOP CLUB, TOP BOY(s) and TOP GIRL(s). There will also be our very prestigious JUNIOR OPEN MEET TROPHY called the J TIBBETS CUP, which will be awarded to the winning club to proudly display in their cabinet until the following year.

For the clubs who have joined us in the past, and for those who are new to our Junior Open Meet, we look forward to receiving your entries and seeing you on the day.

For additional information, please feel free to visit our website and click on the link to Northern Junior Open.

Kind regards

Calvin Houldsworth  
NNSC – Open Meet Secretary

Email: [calvinhouldsworth@btinternet.com](mailto:calvinhouldsworth@btinternet.com)



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### COMPETITION RULES

1. The competition will be held under ASA law and Technical Rules.
2. The gala will be held under the **ONE START RULE**
3. Age Groups are based on the swimmers age on the **DAY OF MEET**.
4. All entrants must be a member of an affiliated club, registered with that club and an amateur as defined by ASA law.
5. A competitor may only compete under the name of one club.
6. **The organising committee reserves the right to restrict or reject entries should the gala be oversubscribed. ENTRIES WILL BE ON A FIRST COME FIRST SERVE BASIS. LARGE CLUB ENTRIES SHOULD BE SENT AS SOON AS POSSIBLE TO ENSURE ENTRY INTO OUR JUNIOR OPEN GALA.**
7. A swimmer may only enter individual events in his or her age group.
8. **ENTRY COST - £3.50 PER EVENT**
9. In all 50 metre events, the six fastest swimmers from the heats will qualify for the final. In the event of a tie for 6th place, a swim-off will take place. The Individual Medley event will be based on heat declared winner.
10. The scoring system for 50M races will be as follows; 1<sup>st</sup> (6 pts) - 2<sup>nd</sup> (5 pts) - 3<sup>rd</sup> (4 pts) - 4<sup>th</sup> (3 pts) - 5<sup>th</sup> (2 pts) - 6<sup>th</sup> (1 pt) No points will be awarded for a disqualification.
11. **THIS OPEN MEET IS A CARDLESS MEET. All correspondence will be communicated by Email.**
12. The club request where possible that you provide as much notice as possible if your child is unable to swim.
13. **NO REFUNDS** will be available for swimmers pulling out of the open meet **after the closing date**.
14. The TOP CLUB Award will be presented to the CLUB who have collated the most points. The TOP SWIMMER Awards will be presented to the girl and boy swimmer who have achieved either the highest number of points or the girl and boy swimmer(s) who have achieved the maximum number of points (30) in their age group.
15. Competitors should report to the stewards approximately two races before their event.
16. Other than swimmers, no person will be allowed on the poolside without a coach's pass. Passes are not transferable.
17. Outdoor shoes should not be worn on the poolside.
18. No glass bottles are to be taken into the pool area.
19. Litter should be placed in the receptacles provided. Under no circumstances should any litter be deposited in any of the swimming pools.
20. The organising committee reserves the right to deal with any misconduct of any kind by a swimmer or coach in a way that they see fit at the time. Persons indulging in misconduct may be asked to leave the pool and be disqualified from the event.
21. The organising committee reserves the right to make decisions on anything concerning the meet not covered in the advertised rules.
22. Photographs or video is not permitted on the site of the pool without the authorisation of the Northern Open Meet officials. Official photographers will be present on the day, with photographs available for purchase.
23. **CLOSING DATE FOR ENTRY – 26.5.2012**



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# PROGRAMME

## SESSION 1

9:00 am warm up sessions start. First event starts at 10:00am

No.	GIRLS / BOYS	Event	Age Group	Distance
1	Boys	4x1 Individual Medley	9 to 14	4 x 25m
2	Girls	Backstroke	9 / 10	50m
3	Boys	Backstroke	9 / 10	50m
4	Girls	Breaststroke	11 / 12	50m
5	Boys	Breaststroke	11 / 12	50m
6	Girls	Butterfly	13 / 14	50m
7	Boys	Butterfly	13 / 14	50m
8	Girls	Freestyle	9 / 10	50m
9	Boys	Freestyle	9 / 10	50m
10	Girls	Backstroke	11 / 12	50m
11	Boys	Backstroke	11 / 12	50m
12	Girls	Breaststroke	13 / 14	50m
13	Boys	Breaststroke	13 / 14	50m

**Events 14 to 37 – Individual Age Group FINALS**

## Presentation of Awards

The awards for SESSION 1 will be presented to each INDIVIDUAL AGE GROUP Finalist during the lunch break.



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# PROGRAMME

## SESSION 2

2:00 pm warm up sessions start. First event starts at 3:00pm

No.	GIRLS / BOYS	Event	Age Group	Distance
38	Girls	4x1 Individual Medley	9 to 14	4 x 25m
39	Boys	Butterfly	9 / 10	50m
40	Girls	Butterfly	9 / 10	50m
41	Boys	Freestyle	11 / 12	50m
42	Girls	Freestyle	11 / 12	50m
43	Boys	Backstroke	13 / 14	50m
44	Girls	Backstroke	13 / 14	50m
45	Boys	Breaststroke	9 / 10	50m
46	Girls	Breaststroke	9 / 10	50m
47	Boys	Butterfly	11 / 12	50m
48	Girls	Butterfly	11 / 12	50m
49	Boys	Freestyle	13 / 14	50m
50	Girls	Freestyle	13 / 14	50m

**Events 51 to 74 – Individual Age Group FINALS**

## Presentation of Awards

Including

**TOP CLUB**

**TOP BOY(s) and TOP GIRL(s)**



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